

**4th Annual Road to Recovery LIFEHOUSE 5K Run/Walk Entry Form**  
**March 2, 2019 9:00 am**  
**Ritter Park Shelter 5K Start Line**

Name (Please Print): \_\_\_\_\_ Phone #: (\_\_\_\_\_) \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Email Address: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

Circle T-Shirt Size:    S        M        L        XL        2X\*    3X\* (\*please add \$1.00 for add'l cost)    Age: \_\_\_\_\_

Donation/Check Amount enclosed: \$ \_\_\_\_\_ Make Checks payable to: LifeHouse 5K

Waiver: I, undersigned, waive and release myself, my heirs, executors and administrators, any and all rights and claims for damages, demands and any other actions whatsoever, which I may have against LifeHouse, City of Huntington and participating sponsors and supporters of those entities, successors, representatives and assigns, arising out of my participation in this event. Should I suffer any injury or illness, I authorize officials of this race to use their discretion to have me medically treated and transported to a medical facility and I take full responsibility for this action.

Participant's Signature: \_\_\_\_\_

Parent/Guardian Signature (if participant is under 18): \_\_\_\_\_

**T-SHIRTS**

Shirt is guaranteed to all registered by  
February 15, 2019.

**EARLY REGISTRATION**

\$ 20 until January 31, 2019  
\$25 from February 1-March 2  
\$30 on Race Day

**AGE DIVISIONS**

9 & Under, 10-19, 20-29, 30-39, 40-49, 50-59,  
60-69, 70+

**RACE FEE IS NON-REFUNDABLE**

**NO BANDITS PLEASE**

**NO ANIMALS ALLOWED IN RUN/WALK OR ON-SITE**

ONLINE APPLICATION OR REGISTRATION FORMS AT:

**<http://www.thelifehousewv.com>**

**^^Upcoming Events Tab^^**

**Mail to: Lifehouse**

**Attn: Lifehouse 5k**

**PO Box 503**

**Huntington, WV 25720**

**AWARDS**

Overall Top 3 Finishers:  
Male and Female

Top 2 Male and Female Finishers for Each Age  
Group

**No Duplication of Awards**

**START TIME**

**Race begins at 9:00 am March 2, 2019**

**POST RACE CELEBRATION**

Awards Ceremony will take place immediately  
after the race

**PARKING IS LIMITED AT RITTER PARK**  
**Customary Ritter Park 5K Start/Finish Line**  
**Flat and Fast course**

**PACKET PICK-UP & LATE REGISTRATION**

Friday, March 1, 2019

Central United Methodist Church

**5:00 pm - 7:00 pm**

On Race Day (Sat. 3/2)

7:30 am -8:45 am

## Before Turn Around

Start at Zipline  
Bear left, go to 8th street  
Turn right, go to 13th Street  
Turn right, following path  
Turn Right at 12th street  
Cross Bridge, turn right on path  
Continue on path, go under bridge  
Turn around at 5th Street

## After Turn Around

Follow path back going under  
bridge at 8th street  
Bear right, following path  
Turn left at 12th street  
Turn left at 13th ave  
Turn left, follow path to 8th st  
Turn left to North Blvd  
Turn left, finish at zipline

